

**50 Fantastic Things to Do
...with Babies
...with Toddlers
...with Preschoolers
...with 4-5 year olds**
by Sally and Phill
Featherstone

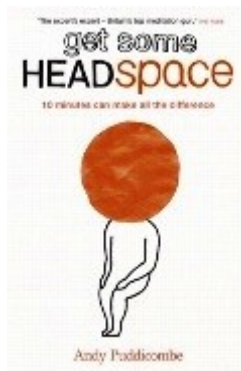


Your Clever Baby
by Carol Cooper

Smart Start for Your Baby by Penny Warner

Time Out For Mum and Dad

Get Some Headspace
by Andy Puddicombe

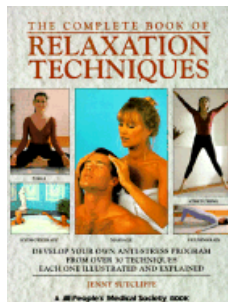


**The Art of Indian Head
Massage** by Mary Atkinson

5 Minute Fitness
by Zen Martinoli

Walking for Weight Loss
by Lucy Knight

**Complete Book of Relaxation
Techniques** by Jenny Sutcliffe



**Taking Control: Managing
Stress To Get The Most Out Of
Life** by Wayne Froggatt

www.corkcitylibraries.ie/hollyhill/

Hollyhill Library

- Books, CDs and DVDs for adults, teens and children, 10 items per person
- Reduced and free memberships available
- Computers & Internet
- Photocopying & Printing
- Clubs, Events and more



Hollyhill Library, Foyle Avenue
(Up Foyle Avenue, on the right
after the Doctor's Surgery)



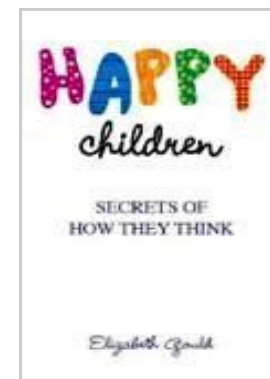
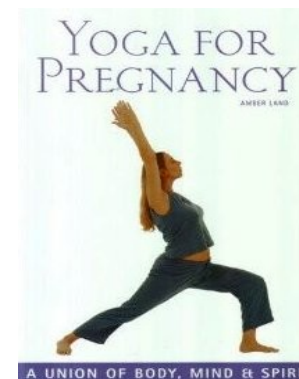
CORK CITY COUNCIL | COMHARLEATHRACH CHORCAI

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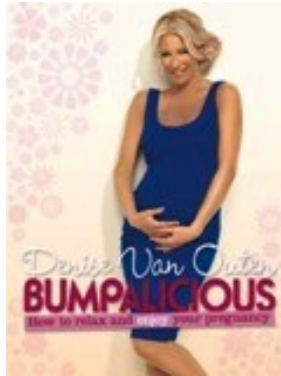
The Childcare Collection at Hollyhill Library

A Guide to Books on Child Care and Parenting



What is The Childcare Collection?

The Childcare Collection in Hollyhill Library is a collection of books, magazines and leaflets on issues relating to child care, child health and parenting. It is suitable for parents, carers, and for students of child care and social studies.



Most books are available for borrowing, and we have photocopying facilities for items not available to lend.

We like the following books:

Pregnancy, Birth and Babycare

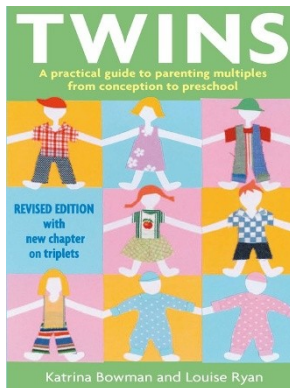
Bumpalicious by Denise Van Outen

Easy Exercises for Pregnancy
by Janet Balaskas

Yoga for Pregnancy
by Amber Land

The Playskool Guide for Expectant Fathers
by Brian Lipps

Your Baby and Child
by Penelope Leach



Baby and Childcare: The Natural Way by Kim Davies

Baby and Child: Your Questions Answered
by Carol Cooper

Breastfeeding for Dummies
by Sharon Perkins

Twins by Katrina Bowman



Parenting

Parenting for Dummies
by Helen Brown

Happy Children
by Elizabeth Gould

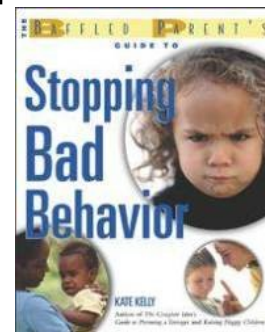


The Baffled Parents Guide to Stopping Bad Behaviour by Kate Kelly

Jo Frost's Confident Toddler Care by Jo Frost

You and Your Tween
by Hollie Smith

Divas and Door Slammers
by Charlie Taylor



Issues

Conquering Childhood Obesity for Dummies
by Kimberley A Tessmer

Coping with Down's Syndrome by Fiona Marshall

The Autism Answer Book
by William Stillman

Easing the Teasing
by Judy S Freedman

An Introduction to Children with Special Educational Needs by Michael Alcott

Counselling Children by Kathryn Geldard

ADHD in children by Carole Jacobs

When Parents Separate
by Sharry, Reid and O'Donoghue

Play and Development

Understanding Children's Development
by Peter K Smith

The Secret of Play by Ann Pleshette Murphy

Green Crafts for Children
by Emma Hardy

365 After School Activities You Can Do With Your Child
by Cynthia MacGregor

